



OUTDOOR VISITS RISK ACKNOWLEDGEMENT (COVID-19)

RESIDENT NAME: _____ DATE: _____

Older adults and those with respiratory conditions are especially vulnerable to the serious consequences of the novel coronavirus. Like you, the health and safety of those living in our setting continues to be our top priority. We at Boundary Waters Care Center have been strictly adhering to the guidance provided to long-term care settings by the Centers for Disease Control (CDC), the Centers for Medicare and Medicaid Services (CMS), and the Minnesota Department of Health (MDH).

CMS has outlined critical steps that nursing homes should take prior to relaxing protective restrictions currently in place and identifies factors State of Minnesota officials should consider in deciding when it is safe to re-open, including re-opening with protective restrictions. In addition to the recent guidance on window visits, MDH has revised its guidance to allow for outdoor visitation at long-term care settings.

As community transmission of COVID-19 continues to spread in Minnesota, we recognize that visits to an older adult or a person with respiratory conditions may put that person at risk for serious and life-threatening infection. The CDC reports that “ill visitors and healthcare personnel are the most likely sources of introduction of COVID-19 into a facility.” We also know that infected persons can pass along the virus without even exhibiting symptoms of the virus themselves. However, we also recognize the impact that social isolation can have on the health and well-being of our residents and believe we can balance the need for safety and visitation with your support of our restrictions and instructions for visitation.

We support the direction of both the CDC and MDH and have adapted our policies and procedures to allow for outdoor visitation. We will provide space to allow for outdoor visits and respectfully ask residents and visitors to comply with the recommended restrictions and instructions for safe visitation. At this time, we continue to limit all but essential staff and end-of-life visitors inside our doors. This policy is based on the current guidance from the CDC, CMS, and MDH. We will refine and update our policy as more information becomes available and as guidelines change.

If you have questions regarding our visitation policy, which is based on guidance from the Minnesota Department of Health, you may contact the Boundary Waters Care Center Executive Director or Boundary Waters Care Center’s management company, Health Dimensions Group’s Quality Compliance Hotline: 1-877-HDG-6311.

I acknowledge that I have read and understand the implications of my decision for an outdoor visit on the Boundary Waters Care Center campus. I also agree to follow the attached restrictions and instructions.

Signature: _____

Relationship: _____ (if not the resident)

Staff Instructions:

- 1. Detach the second sheet and give to the visitor to keep for their use.*
- 2. Provide the visitor with a copy of the MDH Guidance for Outdoor Visitation.*



OUTDOOR VISITATION RESTRICTIONS AND INSTRUCTIONS TO FAMILY/FRIENDS OF LOVED ONE

If you choose to participate in an outdoor visit with a resident at Boundary Waters Care Center, we ask that you agree to take the following steps:

1. Agree to be screened for COVID-19 symptoms by answering the following questions PRIOR to coming into contact with the person you are visiting. If you answer "yes" to any question, you cannot visit with the resident:
 - a. Are you under COVID-19 investigation or do you have a pending test result for COVID-19?
 - b. Have you tested positive for COVID-19 and are currently receiving treatment or required to self-isolate?
 - c. Do you have signs or symptoms of a respiratory infection, such as fever, cough, shortness of breath, or sore throat?
 - d. In the last 14 days, have you had contact with someone with a confirmed diagnosis of COVID-19, is under investigation for COVID-19, or are ill with respiratory illness?
 - e. Have you traveled internationally within the last 14 days to countries with sustained community transmission? For updated information on affected countries visit: <https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html>
 - f. Do you live in a town or areas where community-based spread of COVID-19 is occurring?
2. While visiting with your loved one, you agree to all of the following:
 - a. Call ahead to Boundary Waters Care Center to schedule a visit.
 - b. Sign in and provide contact information in a location outside our building.
 - c. Have your temperature and/or oxygen level taken prior to the visit in a location outside our building.
 - d. Use hand sanitizer before and after your visit.
 - e. Wear a face mask or other facial covering for the duration of the visit unless medically contraindicated.
 - f. Practice social distancing by remaining at least 6 feet apart from your loved one and any other resident, staff, or visitor.
 - g. Remain in designated locations on our campus.
 - h. Refrain from physical contact with your loved one (no hand holding, hugs, or kisses).
 - i. Sign the Boundary Waters Care Center Outdoor Visitation Risk Acknowledgement.
3. After visiting, you should monitor for signs and symptoms of respiratory infection for at least 14 days and notify the facility if symptoms occur.
4. If you have questions regarding our visitation policy, which is based on guidance from the Minnesota Department of Health, you may contact the Boundary Waters Care Center Executive Director or Boundary Waters Care Center's management company, Health Dimensions Group's Quality Compliance Hotline: 1-877-HDG-6311.